Goa Wellness, Beach and Heritage Retreat - 4 Nights / 5 Days

PACKAGE AT A GLANCE

Duration: 4 nights / 5 days
Route: Goa arrival point to heritage Goa to North Goa to wellness/leisure to Goa departure point
A low-rush Goa holiday balancing heritage and coastal sightseeing with two slower wellness/resort periods that travellers can personalise with independently booked spa, yoga or wellbeing experiences.
Flight tickets: Excluded from package pricing.
Children age 0-5: Complimentary package charge; final hotel bed/meal restrictions follow the booking voucher.

BOOKING PRICING

Package price is calculated from the selected stay category, package nights, adult room allocation and child occupancy. Internal per-night rates and multipliers are not published in this itinerary PDF.

LIVE BOOKING DATES

Season: All Goa seasons
Online booking closes 7 days before the selected travel start date. Current online calendar: 14 Oct 2026 to 31 Dec 2027.

DAY-WISE ITINERARY

Day 1: Arrival in Goa and private transfer to hotel

Route: Goa arrival point to Goa
Stay: Hotel | Meals: Dinner
Meet the GoaParadiso representative/driver at the confirmed Goa arrival point: airport, railway station or major bus stand. Travel by air-conditioned cab/vehicle to the confirmed hotel, complete check-in and keep the remaining time free after the journey. Dinner is included at the hotel. Transfer timing is planned against the flight, train or bus details supplied before travel.

Day 2: Old Goa, Panjim and Fontainhas heritage

Route: Old Goa to Panjim to Fontainhas
Stay: Hotel | Meals: Breakfast and Dinner
After breakfast, visit the principal heritage precinct of Old Goa and continue to Panjim. The programme includes the city/riverfront context and the Fontainhas Latin Quarter where practical. Religious and heritage sites are visited respectfully and individual paid entries, specialist guides or private experiences remain excluded unless listed on the voucher. Return to the hotel for dinner.

Day 3: North Goa coast, Fort Aguada and viewpoints

Route: North Goa
Stay: Hotel | Meals: Breakfast and Dinner

After breakfast, proceed by air-conditioned vehicle for a practical North Goa circuit. The day is planned around Fort Aguada/Candolim and selected stops in the Calangute-Baga, Anjuna and Vagator/Chapora belt, subject to traffic, parking and local access. Time is kept for coastal views and photographs without turning the day into a rushed checklist. Return to the hotel for dinner.

Day 4: Wellness and resort leisure day

Route: Goa
Stay: Hotel | Meals: Breakfast and Dinner
Breakfast is followed by a deliberately slow day for resort facilities, beach time, walking, rest or independently selected spa/yoga/wellness services. Paid treatments, classes and specialist wellness programmes are excluded unless confirmed in the final voucher. Dinner is included at the hotel.

Day 5: Departure from Goa

Route: Hotel to Goa departure point
Stay: - | Meals: Breakfast
After breakfast, check out at the hotel's standard time and travel by air-conditioned cab/vehicle to the confirmed Goa airport, railway station or major bus stand. The pickup time is planned from the confirmed flight, train or bus departure details provided to GoaParadiso.

INCLUSIONS

- Accommodation for the stated number of nights in the selected Comfort, Deluxe or Luxury stay category
- Breakfast and dinner at the hotel on stay nights as shown in the day-wise itinerary
- Sightseeing by air-conditioned cab/vehicle on the sightseeing days specifically stated in the itinerary
- Air-conditioned cab/vehicle pickup from and drop to the confirmed Goa arrival/departure point: GOI/Dabolim Airport, GOX/Manohar International Airport, confirmed Goa railway station or major Goa bus stand
- GoaParadiso booking support, final service voucher and downloadable day-wise itinerary

EXCLUSIONS

- International or domestic airfare, train fare, intercity bus fare and travel to/from Goa other than the confirmed local Goa arrival/departure transfers
- Visa, passport, immigration, travel insurance, foreign exchange, SIM/eSIM and other international-travel formalities or costs
- Lunch, snacks, beverages and meals other than the breakfast and dinner specifically included
- Monument, museum, cruise, watersport, scuba, boat, dolphin, kayak, forest, jeep, guide, parking, camera or activity charges unless the final voucher explicitly says they are included
- Personal expenses, tips, laundry, minibar, room service, shopping and expenses caused by personal changes to the programme
- Early check-in, late check-out, room upgrades, guaranteed adjacent/interconnecting rooms and special hotel services unless confirmed in writing
- Costs caused by weather, sea conditions, traffic, government restrictions, closures, flight disruption or circumstances outside the confirmed package services

- GST/taxes or statutory charges except to the extent included by the configured WooCommerce checkout tax rules
- Anything not specifically listed under Package inclusions

BOOKING DOCUMENTS

Terms and Conditions: https://goaparadiso.com/terms-conditions/
Cancellation Policy: https://goaparadiso.com/cancellation-policy/
Privacy Policy: https://goaparadiso.com/privacy-policy/

GoaParadiso | hello@goparadiso.com | +91-9650179451 | Prices, departures and services remain subject to live availability and final voucher. Generated 07 Oct 2026.